

APPENDIX 1B
TREATMENT CRITERIA FOR
AODA DAY TREATMENT PROGRAM (ADOLESCENT)

SEVERITY OF ILLNESS
ADMISSION TO TREATMENT PROGRAM

ONE indicator from categories 1, 5, and 6; two indicators from category 2; and ALL indicators from categories 3 and 4 must be met:

1. Loss of control or relapse crisis (at least one):
 - a. At time of admission imminent chemical use is likely without close monitoring and structured support; or
 - b. Recipient has a documented failure to maintain abstinence with lower level of care; or
 - c. Relapse would result in grave physical or personal harm to recipient.
2. Physical conditions or complications:
 - a. Recipient's physical condition will permit benefit from AODA day treatment; and
 - b. One of the following:
 - Recipient's physical condition is stable; or
 - Recipient has physical problems sufficiently severe to trigger addictive behavior and thus requires AODA day treatment (example - frequent headaches creating the urge to seek addictive drugs).
3. Psychiatric conditions or complications (all of the following):
 - a. Recipient's psychiatric state is stable enough to permit benefit from AODA day treatment; and
 - b. Behaviors, if present, are related to chemical use problems rather than a psychiatric condition (e.g., negativistic behaviors, restlessness, sulkiness, grouchiness, verbal aggression, isolation from family activities); and
 - c. If changes in moods, feelings, or attitudes are observed they are related to substance use rather than a separate condition (e.g., feelings of wanting to leave home, not being understood, lacking parental approval, not caring about personal appearance); and
 - d. Documentation of substance use great enough to damage emotional health.
4. Recovery environment (all of the following):
 - a. Recipient's living situation and school environment are stable enough to permit benefit from AODA day treatment; and
 - b. Family conflicts related to the recipient's substance abuse may be remedied with day treatment (e.g., parents are resentful and angry about drug use); and

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(continued)

- c. Other family issues which require attention, if present, can be addressed by the program staff or through appropriate referrals (example - conflicts between the parents); and
 - d. Parents, foster parents, or legal guardians are supportive of recovery goals.
5. Life areas impairment (at least one):
- a. Recipient's chemical abuse results in significant behavioral deterioration (e.g., abusive behavior, dishonesty, delinquency, runaway); or
 - b. Recipient's chemical abuse results in obvious social dysfunction (e.g., breakdown of important personal relationships, financial irresponsibility, association with delinquent peer group); or
 - c. Recipient's chemical abuse results in substantial loss of vocational or educational performance (e.g., significant absenteeism, school suspension, impaired school performance).
6. Treatment acceptance/resistance (at least one):
- a. Recipient lacks sufficient understanding of the addiction disease process to undertake her/his own recovery and is willing to undergo AODA day treatment; or
 - b. Recipient lacks sufficient personal responsibility for recovery to comply with a treatment program at a lower level of care and is willing to undergo AODA day treatment.